



THE HEATH LADIES ACADEMY

THE PERFECT WAY TO GET INTO GOLF

A welcoming, structured pathway for women new to golf that combines coaching, social connection , and supported on-course play leading confidently into full membership.

www.sunningdaleheathgolf.co.uk





WHY SUNNINGDALE HEATH?

In short, our club is unique and perfectly tailored for new golfers and those wanting to enjoy a fun, relaxing environment, rather than the typical intimidating atmosphere most clubs are known for:

Family and dog friendly ✓

Cosy clubhouse, great food and drink ✓

It's not an afterthought here like most clubs

Award-winning short-course ✓

Fun and quick to play, not exhausting for beginners like full length courses

Award-winning coaches and facilities ✓

Learn from the best and enjoy our facilities, including indoor golf and our wellness centre

Only a 5 minute walk into town ✓

Sunningdale train station is on our doorstep with direct trains into London

But don't just take our word for it, hear what Sky Sports Golf presenter Iona Stephen has to say:

What makes Sunningdale heath special 🧑‍🤝‍🧑

THE ACADEMY

The Academy is tailored to beginners with no experience in golf needed. It is a friendly, social, and supportive way to get into golf, meet people, and enjoy Surrey's fresh air.

For £950 a year, the Academy Membership includes:

- A welcome gift
- 2 group coaching sessions per month with Adrian
- Rental clubs and equipment if needed
- On-course access with allocated buddy, a member you can play with once a week who is there to help and make you feel welcome
- Supplementary coaching if desired
- End-of-year progression into full membership (no joining fee) with your very own Academy Graduation
- Access to the clubs facilities for you and guests
- A monthly social event to create relationships, plus an optional whatsapp group to stay in touch

For just £30 we are offering a Taster Session to run through the basics and to give a preview as to what life in the Academy will be like: Fun!

The Taster Session will be 1 hour long and will conclude with coffee & pastries in our clubhouse.





EXAMPLE JOURNEY

Months 1–3

- Learn fundamentals (Full swing + short game)
- Meet group + build confidence

Months 3–6

- First on-course experiences with buddy
- Learn etiquette + pace of play
- Refine full swing and short game

Months 6–12:

- Regular course play
- Optional beginner comps / social events
- Graduation and transition to independence

CONTACT

+44 (0)1344 620507

admin@sunningdaleheathgolf.co.uk

SUNNINGDALE HEATH GOLF CLUB
Cross Road, Sunningdale, Berkshire, SL5 9RX

www.sunningdaleheathgolf.co.uk
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